

## PAULA DUNN

Teenage Leadership Strategist & Cognitive Scientist

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### Occupation

Teenage Leadership  
Strategist & Cognitive  
Scientist

### Industry

Education / Training

### Experience

20 Years

## Areas of Expertise

Paula is Australia's leading Teenage Leadership Strategist and Cognitive Scientist with over 20 years' experience in Medical Research and Pharmaceutical Industries, with a strong focus on People Leadership. Having worked in the full circle of Management, Science and Social Intelligence Paula is the perfect commentator and advisor on mindset, motivation and momentum in Teens.

## About

Over her 20 years within the Medical and Scientific industries, Paula has worked with leaders for some of the biggest brands in the world such as Eli Lilly, Cochlear and Johnson & Johnson just to name a few. Paula is best known for helping teens create confidence to conquer life, their way! Thus, helping them thrive while making the right decisions for their future success. She has worked with over hundreds of clients within High Schools, Corporate and Academia sectors. Paula is a sort after media commentator on Leadership, Mindset and Bullying. Paula has Bachelor's Biomedical Sciences (Hons), Masters of Science (Hons), a Master Practitioner in Business Coaching and Executive Leadership, a Diploma and an Advanced Diploma in Life Coaching and is a Cognitive Scientist. She is also an accredited Coach, facilitator and trainer. Paula has also received various accolades: 2018 Regional Finalist category "Superstar Start Up Awards" NSW Business Chamber; 2019 Inner West Regional Finalist for Local Business Awards and was recently awarded the Prestigious "Women of Excellence" for her Leadership Program for year 10 girls at the Women Economic Forum in India 2019. Paula is a finalist in two categories at the Illawarra Women in Business Awards 2020 – Finalist Business Woman of the Year and Small Business of the Year.

## Testimonial

*"Paula has started to work closely with several of our identified female leaders at Warrawong High School in a mentoring capacity. Initial feedback has been extremely positive with all parties expressing a strong desire in continuing to nurture this exciting partnership. Paula is highly engaging and her leadership journey has strongly resonated with members of our school community. Michael Stanizzo, Deputy Principal Warrawong High School"*

## Media Experience

📻 ABC Illawarra 📻 Hawkesbury Radio 📻 Illawarra Mercury 📻 Inner West Courier 📻 The Daily Telegraph  
📻 Business Woman Media 📻 Womens Agenda 📻 Business Acumen Magazine 📻 Territory FM 📻 Triple M Karratha

## Topics of Discussion

Bullying, Leadership, Growth Mindset, Diversity and Inclusion, Confidence, Resilience, Fear Mindset, Goal setting, Coaching, Career Readiness for future generation, STEM Careers,

## Social Media

**Linkedin** - <https://www.linkedin.com/in/pauladunn/>

**Twitter** - @dunn76paula

**Instagram** - no\_limits\_consulting

**Facebook** - <https://www.facebook.com/nolimitsconsulting1>

**Website** - [www.nolimitsconsulting.com.au](http://www.nolimitsconsulting.com.au)

